

# Forests and Farm Trails

November workshops.



## 3rd weekend, November 17th and 18th, Saturday and Sunday - Sunksal forest, Near Kottigehara

Saturday long forest walks by day, stream tracing, biodiversity of water bodies.

Saturday night trail to understand amphibians ecology.

Sunday forest walk to waterfalls to understand forest ecology.

Travel : KSRTC sleeper bus to Kottigehara. Pl reserve your tickets.

Pick up on saturday morning from Kottigehara bus stand and drop back on sunday night.

Cost- Rs 4600/- includes local pickup, drop, local travels, forest dept. trekking fees, guide charges breakfast, lunch, dinner on saturday and sunday and accomodation on saturday.



To help us our organise programs smoothly, pls confirm your advance registration by bank transfer payment to;

Canara Bank

R.Seshadri

Rajajinagar 3rd block

Account no. 0411101026309

IFSC CNRB 0000411



Our workshops every weekend in November 2018 covers different aspects like Understanding floral structure of forests, foundations of biodiversity, ecology of amphibians, reptiles, bees and the interlinkages, interdependence of different lifeforms in the web of life and importance of Forests and water bodies and their conservation by forestry practice. The last workshop is about transforming barren farm lands into agro food forests by applying organic principles. Witness heirloom seeds conservation by integrating wild biodiversity with natural farming.

### Resource persons:

Cavery Kamat - Organic farmer, hands on agronomist and landscape architect. Annadana.  
<http://annadana-india.org/>

Ramprasad. R - Specialises in ecology of frogs, fishes, reptiles, bees.

Sheshadri. R - Specialises in ecology of forest trees, propagation techniques, eco restoration by reconstruction of foundations of biodiversity.



Pl pass on this note to friends who may like to participate in one or four of the November programs.

For further details of first 3 workshops and payments pl contact - Ramprasad.R@ +91 91418 25992 OR Sheshadri.R@ +91 94482 59194

For further details of 4th farming workshop pl contact - Cavery Kamat@ +91 82771 16606 or Sheshadri.R / Ramprasad.R

Participants advised to wear good shoes, caps, carry water, sleeping bag(not compulsory) and forest friendly coloured garments.

Open for all ages. Young children(>8yrs) to be accompanied by parents. Physical fitness helps enjoy trails.