

## Combo Value Seed Packs

## • Green Gold

Amaranth - Green Leaf	A black seeded local variety of amaranth (keerai). This hardy plant is cultivated especially for its nutritious green leaves. It is self sowing, and can reach 1m in height. The inflorescence is pale green, yellowish. Yield per hectare: 4t
Spinach –Green Wonder	A multi-cut, late bolting variety with dark green, thick, medium large, succulent foliage. Excellent for cooking and rich in dry matter content, protein, carotenes, Vitamin C, phosphorus and potassium. Yield per hectare: 15t
Fenugreek - local	This annual plant is grown for its leaves and seeds and can be used both as a herb and spice. The plant has an erect growth habit and a strong, sweet aroma. Yield per hectare : 1.2t
Coriander – Local	This annual plant can grow to a height of 30 to 70cm. The small flowers are white or pale pink. The seeds and leaves are highly aromatic and used commonly in cooking. Yield per hectare : 2t
Basil- Aromatic Green	This variety has a good fragrance. The leaves are of medium size and can be used in salads, curries and Italian cooking. The leaves can be dried after the seed extraction process and conserved to be used at a later date. Basil is a kitchen and terrace gardener's delight. Yield per hectare: 2t