



annadana
Soil & Seed Savers

• Farm Trail - Student activities

The activities listed below are based on seasons and time allotted during a visit. We tailor make your visit to make it a fun farming & experiential learning:

Soil Exploration – the first step in planting is to make sure that the soil is appropriate and healthy. Therefore we learn how to identify soils and how to regenerate such soils for healthy productivity.

Vermicompost / composting – Here we learn about the different stages of compost and how good compost is made. We also learn how anyone can make compost at home and we involve students in helping the farm build its compost pile!

Making pot mixture – Growing plants in a field is substantially different from growing plants in a pot. But lots of vegetables and fruits can be easily grown in pots providing a ready source of fresh, healthy food. Here we learn about the right soil compositions for pots and particular types of plants.

Sowing – Sowing is much more than dropping a few seeds into a pot. It is a technique and must be learnt. But once learnt, it is like swimming – never forgotten!

Picking and Transplanting – We learn to identify when plants need to be transplanted to ensure their continued healthy growth. Like children who are ready to leave their parents, plants too must be transplanted at the right time so that they are mature enough to adapt to their new environment. Do this right and you'll have a happy plant that produces for years to come at times. Learn also to know when fruit and vegetables are ripe for picking.

Seed saving – learn the easy ways to continue the circle of life. We will teach you the skills of seed saving so you never have to purchase another plant of the same variety ever again!
We help you to **adopt a seed** and become a God parent to a seed variety.

Farm Animals: This is always a popular one – generating more interest than organics and sustainability! Children absorb so much through their senses and interacting with animals provides extra sensory inputs allow young brains to develop. Contact with animals is without a question the favorite farm activity for most kids. We don't have to lose sight of the curriculum – focusing on nutrition for example, can quite often; meet the needs of the curriculum.



Other Ideas for Activities – We are happy to help with constructing other activities that the students can participate in such as, building a compost or Vermi compost for the school or classroom, Milking cows, learning about pests and predators, learning about land management, tree care, cover cropping, intercropping, companion cropping, mulching, green manuring method and more.

[Link to be given to membership catalogue on schools](#)



Follow up activities with your class (Please pick one of the following):

1. Have each student in the class write a letter to the farmer they visited, detailing what they liked / learned about the visit.
2. In the school or at you home practice what you have learnt be it in pots or kitchen garden
3. 'Adopt a Seed' following the tips given for saving a seed variety.
4. Help create a Mini Seed Bank for your school
5. Have a follow up food day. During class talk about what different farm products the students are eating.
6. Be creative! Have an art day about your class farm visit!

YOUR SUPPORT IS NEEDED! DONATE TO OUR FARM VISIT FUND!

Annadana, with a commune of Farmers is a member-based organization. We have been actively engaging with farmer communities for over a decade about the importance of regional food production.

Our Farm Trail program is just another way we are helping educate future generations about the importance of family farming.

Help us continue our efforts by sending us a tax deductible donation today.

• **How can you help?**

1. Currently we are accepting the Donation in Indian Rupees Only. We are working with Indian Government authorities to be able to receive contribution in foreign currencies as well.
2. You could contribute via Bank Transfer to our Account :
 - Beneficiary: Annadana Soil & Seed Savers Network
 - Bank : State Bank of India ; Branch: Jalahalli East, Bangalore, India
 - Type of Account: Savings Bank Account
 - Account No: 30235939314
 - IFSC Code: SBIN0000963
3. You can also send your Donation by Cheque / Demand Draft to the following address
 - Annadana Soil and Seed Savers Network
 - Ishana in Gopathi farms
 - Village Singapura
 - Post Vidyaranyapura
 - Bangalore-560097
 - Karnataka, India