



# FUN FARMING FOR SCHOOLS

We invite students of all ages and backgrounds to rediscover the joys of working on a farm. We guide you through a journey 'From Soil to Seed to Plate' to understand the source of your food through a farm trail. We grow and eat what is in season, hence an energised bunch of 40 farmers. We bring you 'Face to Face' with the producer of our food.

We can help you to grow your own vegetables at your school, home, be it a small balcony/terrace or your kitchen garden. A starter pack is provided to get you going. As your relationship with your food deepens, you will find yourself choosing healthy, eating well and reducing disease and associated medical bills.

Come join us to strengthen the chemical-free food movement. The proceeds of your trip will help us empower farmers. We need you stand with us as we defend our food chain from disease through repeated assaults.

**Partake in 'Adopt a Seed' Save a seed to save a species campaign.**

A glimpse of what you can look forward to on our farm:

- How we build soil health using compost, organic growth promoters, green manuring techniques and bio-dynamic farming techniques.
- In just 2 acres, we conserve, produce and multiply of over 85 diverse vegetable varieties in one season for the purpose of seed production.
- We use low cost energy like bio-gas plant to cook our food, Bio-digester to prepare bio-pesticide, unique flow forms to dynamise water and apply innovative rain water harvesting techniques.
- You can understand the role of bulls, calves, cows, dogs, chickens, rabbits, ducks, earthworms and birds in our organic cycle.
- Watch the milking of cows at 5 pm to rediscover the source of milk.

**Join us on a organic farm trail which is fun and educational.**

## Registered Office:

Annadana Soil and Seed Savers Network  
Ishana in Gopathi Farms, Village Singapura, Post Vidyaranya  
Bangalore-560097, Karnataka, India.

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Visiting hours	10.00 am - 1.00 pm or 2.00 pm - 5.00 pm
Days	Monday to Saturday
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SOIL & SEED SAVERS